



Clinic information sheet

Opening hours

The practice is open Monday, Wednesday, Thursday and Friday from 8:00 to 17:00 and on Tuesday from 08:00 – 15:00. In the practice we have a lunch break from 12:00 – 13:00.

Accessibility, making appointments and requesting visits

Our practice only works by appointment. If you call before 09:30 on 0252-672204, you can usually get in on the same day. From 14:00 – 16:00 the assistant has consultation hours and the practice can only be reached for emergencies on 0252-628099.

EMERGENCIES

For emergency assistance during the day during working hours, please contact 0252-628099.

Outside working hours in the evening, at night and at weekends, you call the **GP post 023-2010333** (address; Spaarnepoort 1 in Hoofddorp, location Spaarne Gasthuis). PLEASE NOTE: the GP post is NOT a first aid, so you should always make an appointment! In a **Life-threatening situation dial 112**.

General practitioners

There are two general practitioners working in our practice; mr. M. van der Plas and Mr. Mr. Hoek. In addition, a graduate doctor completes a one-year internship with us as part of their general practitioner training.

Practice Assistants

In addition to making appointments, you can contact our assistants for: first aid, injections (including vaccinations), blood pressure checks, smears as part of the population screening, ear syringes, nitrogen treatment of warts, removal of stitches, traveler advice.

Practice Nurses (POH)

Practice nurses from the general practitioner (POH) are employed in practice. The POH is a specially trained assistant or nurse who treats a specific medical target group (including diabetes mellitus, asthma, high blood pressure, the elderly, psychological complaints). The treatment is always done in close collaboration with your GP. You can make an appointment at the POH through the assistant.

Results and information

- For results of medical examinations and information, please call between 10:00 and 12:00. It is the intention that you call **YOURSELF** for your results. No message is not automatically good news, so always contact the practice assistant!
- Referral messages can be collected between 09:00 and 12:00.
- Urine with the accompanying form can be handed in until 10:30 am in the appropriate box.

Repeat prescriptions

You can request medication that you need to use on a continuous basis on working days between 09:00 and 12:00 via the repeat prescription line on 0900-4433222 (local rate) or via <https://home.mijngezondheid.net/en> after the prescriptions have been checked by a doctor, the medicines will be ready for you the next day.